

COMPETITION INFORMATION SHEET

Event: West District Cross Country Championships

WDXC

Venue: Barwood Park, Barwood Road, Erskine, PA8 6AB

Registration: Barwood Park, Barwood Road, Erskine, PA8 6AB

Date: Saturday 30th November 2024

Race	Age Group	BORN DURING	Declarations Close	Race Starts	Distance (Approx)
PROVISIONAL TIMETABLE PLEASE CHECK FINAL INFORMATION FOR FINAL TIMETABLE					
Under 13 Girls	U13	01/09/2011 to 31/08/2013	1100hrs	1130hrs	3200m
Under 13 Boys	U13	01/09/2011 to 31/08/2013	1115hrs	1145hrs	3200m
Under 15 Girls	U15	01/09/2009 to 31/08/2011	1130hrs	1200hrs	4110m
Under 15 Boys	U15	01/09/2009 to 31/08/2011	1150hrs	1220hrs	4110m
Under 17 Men	U17	01/09/2007 to 31/08/2009	1210hrs	1240hrs	5460m
Under 17 Women	U17	01/09/2007 to 31/08/2009	1215hrs	1245hrs	5460m
U20 Men	U20	01/09/2004 to 31/08/2007	1240hrs	1310hrs	6370m
U20 Women	U20	01/09/2004 to 31/08/2007	1245hrs	1315hrs	6370m
Senior Women	SEN	BORN ON/BEFORE 31/08/2004	1310hrs	1340hrs	7530m
Masters Women	MAS	Age on Day 40+			
Senior Men	SEN	BORN ON/BEFORE 31/08/2004			
Masters Men	MAS	Age on Day 40+	1400hrs	1430hrs	7530m
Non Binary	NB				

Entries Close: **5pm Thursday 14th November 2024**

NO LATE ENTRIES

Email address: events@scottishathletics.org.uk

Bank Details: RBS, Sort Code: 83-19-04 Acc No 00667222

Important Notes

- (1) All athletes who compete in the championships **MUST** be current members of the scottishathletics Membership Scheme and be eligible to compete in the West District Championships. As per UKA Rule G2
 - (2) Location map and final instructions will be available on www.scottishathletics.org.uk
 - (3) This event is the principal race for West athlete selection of Inter District Teams for Glasgow on 11th January 2025
 - (4) Club Affiliation fees **MUST** have been paid to scottishathletics. Competitors **MUST** wear their club colours in all events.
 - (5) Rules relating to students in Full time education in Scotland are applicable.
- for guidance on these rules please visit the Road Running & Cross Country Commission Website.
- (6) By entering all athletes agree that photographs and/or video footage may be taken and used for PR/Marketing purposes.
 - (7) Club entries must ensure that entrants are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part (and will not run if unfit to do so on the day).
 - (8) Any athlete with Additional Support Needs should contact scottishathletics for an athlete assistance form.